Workshops with people with learning disabilities
Module 6SC008 Semester 2
Inclusive Campus Life conference
Brussels 27.11.19

DR LIZ TILLY
UNIVERSITY OF WOLVERHAMPTON
4 half day workshops each module
Welcome and introductions
Housekeeping

Breaks
Toilets
Fire exits
Smoking
Phones
Ground rules

What are ground rules?
Why do we need them?
What rules shall we agree to for the workshops?
What’s said in the room……..
Stays in the room
It's only funny if everyone is laughing
What do our traffic light cards mean?

Stop! e.g. I want to ask a question? I don’t understand

Warning! e.g. don’t all talk at a time too much jargon

O.K! e.g. you can carry on - it’s OK now
Personal presentations

From Building Bridges Training and the students!

This week

• Samantha
Today’s icebreaker

<table>
<thead>
<tr>
<th>My favourite place</th>
<th>My favourite hobby</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>My dream</td>
<td>My gift to others</td>
</tr>
</tbody>
</table>
Getting to know you …..

Get into pairs

Answer the questions

Introduce your partner to the rest of the group

✓ About me
✓ More about me
✓ Good day, bad day
✓ Like and admire

We will use this information to play ‘human bingo’ next week!
If I won the lottery
I would buy.......
If I won the lottery

I would employ a ……

Tell us why??
Drawing game

If you won the lottery what would you like to spend it on to improve the area where you live?
Needs and wants activity
Needs and wants

You are chosen to live on a new planet
Mission Control says you can take 20 things with you
You can bring 4 additional items of your choice.
Draw these items.
The space ship is too heavy!

Mission Control – you now only have room for 15 items!

You need to decide which 15 to take and which 9 to leave behind
There is an extra box of equipment to pack on board

Mission Control – You now only have room for 10 items

You need to decide which 10 to take and which 5 to leave behind
Needs And Wants discussion

Which items did everyone take choose to take?
Why did you choose these?
Why was the second round of choosing what to take more difficult?
What is the difference between “wants” and “needs”?
Group discussion continued

Are “wants” and “needs” different for different people?

Why don’t all people in the world have what they need?
Would I lie to you??

Say 2 things that are true and one thing that is a lie

The rest of us will guess which one is the lie!
Tell us your morning routine from getting out of bed to leaving the house
Leave out any personal or embarrassing info!

My morning routine
My morning routine

Get into pairs
Tell your partner your morning routine from getting out of bed to leaving the house
Leave out any personal or embarrassing info!
Then swap over – you have one minute each!
My morning routine

Do we have some volunteer pairs to share each others morning routine?
What did you notice from all these different accounts?
Imagine that tomorrow you wake up in your partners bed and you have to follow their morning routine instead of your own – how would you feel?
Imagine that tomorrow you will need support from someone else to get ready; do you feel confident that your partner knows enough about your preferences and needs to support you well, and as you want to be supported?
Would you know as much information if your partner had not been able to talk to you? How else could they have told you if they couldn’t use words?
What does this tell us about providing care and support to other people?
Stop, start, go

Draw or write

- One think I want to stop doing
- One think I want to start doing
- One think I want to continue doing
Go home with a compliment
Any questions?
Good bye and safe journey home